

# Curriculum Vitae



**Name** : Dr. Rameshbhai Kapadia

**Date of Birth** : 26/10/1934

**Address (Residential):** 36, Jain Society,  
Ellisbridge,  
Ahmedabad-380006.  
India

**Tel. No.** : +91 -79-26578025(Clinic)  
+91-79-26744949(Residence|)  
+91-9427020958 (Mobile)

**Email- ID** : [rameshkapadia34@gmail.com](mailto:rameshkapadia34@gmail.com)

**Website** : [www.universalhealing.org](http://www.universalhealing.org)

• **Qualifications :**

- M.B.B.S.; Grant Medical College, Mumbai, April 1958
- M.R.C.P.(Cardiology), 1962 F.R.C.P.(Edin.)
- E.C.F.M.G., October, 1962

- **Registrations :**

- Bombay Medical Council, Regn.#16360, 13.6.1958
- Gujarat Medical Council, Regn. # B-1279, 21.04.1970
- General Medical Council of Great Britain, Regn.# 1064739
- ECFMG Certificate# 35049

- **Affiliations :**

- Fellow of American College of Chest Physicians, since 1967
- Fellow of International College of Angiology, since 1969
- Adjunct Professor, Science & non-violence Centre, Gujarat Vidyapith, Ahmedabad, since 31.12.2013.

- **Professional Positions held :**

- Practicing since 1965 as a Consultant Cardiologist at Ahmedabad, India
- On the panel of Physicians as Cardiologist, for the employees of Physical Research Laboratory(PRL), Indian Space Research Organization(ISRO), and Oil and Natural Gas Commission(ONGC) Ahmedabad
- Honorary Cardiologist, Paul Harris Rotary Heart Clinic, Ahmedabad
- Senior Cardiologist, Cardiologist, Cardiac Rehabilitation Centre, Pritamnagar, Ahmedabad.
- Honorary Physician, Sheth L.G.Hospital, Maninagar, Ahmedabad.
- Attended a Corporation run city General Hospital as Consultant Physician.
- Honorary Physician, Smt. Shardaben General Hospital, Saraspur, Ahmedabad.
- A pool Officer Physician in Medicine (Placement given by Govt. of India to the selected well trained foreign returned graduates to encourage them to settle in India) Sheth V.S.General Hospital, Ahmedabad.
- Third year level resident in cardiology for one year(1963-64) at Philadelphia General Hospital U.S.A., a teaching institution, affiliated to five Medical Schools
- Residency training in various hospitals of U.K.

- **Teaching Experience:**

- Honorary Professor of Medicine, Smt. N.H.L. Municipal Medical College and Sheth K.M.School of Post-graduate Medicine and Research, Ahmedabad, from 1966 to 1984

- **Seminar & Symposia participation:**

- Invited to participate in the symposium on “Car Pulmonale” held at Poona in February 1977 under the auspices of F.C.C.P. Western India Chapter.
- Invited to contribute to Vignan Kosh” published by Gujarat University 1977 ( Article on Mitral Disease)
- Article, Angina Pectoris” contributed to Special journal published on the eve of XXXth Gujarat State Annual Conference, May 1977.
- At the International conference on “Advances in Internal Medicine” held at Bombay in January 1978; the following papers were presented:
  - “Rehabilitation after Myocardial infarction”
  - “Successful approach to stop smoking in patients of Ischemic Heart Disease”
- Participation in panel discussions, seminars and lectures organized by Ahmedabad Medical Society, College of General Practitioners, State Medical Conferences and service clubs like J.C., Lions and Rotary International.
- Invited on 7<sup>th</sup> June 1994 to deliver a lecture at Duke University Medical Centre, NC., USA to commemorate Dr. Kempner’s 1944 Address to the American Heart Association.
- Invited on 3-7<sup>th</sup> November 2003 to deliver a talk at CAMHADD/WHO Global Consultative Workshop on Population based cost-effective intervention Strategies to prevent Hypertension and Diabetes, at Bangalore, India.
- Healthy Heart Cardiac Care program for Tata Steel executives at Jamshedpur in 1993.

- Participated in “ The Science & Philosophy of Healing” seminar at Ahmedabad on 1<sup>st</sup> and 2<sup>nd</sup> October 2005 under the auspices of Gujarat Vidyapith, Gandhi Peace Foundation & Universal Healing Charitable Trust. Shri Naval Kishore Sharma (H. E. Governor of Gujarat) was the Guest of Honour, where other participants included Dr. B.M.Hegde (internationally renowned physician of India), Dr. Richard Smith(of UK and Editor of BMJ for 25 years), Prof. EC George Sudarshan (great quantum physicist from USA), Dr. R.K.Varma(one of the founder fathers of Neurosurgery in India), Prof. Selva Murthy(Director of DIPAS), Dr. Naresh Trehan (renowned cardiac surgeon of international repute) and Dr. Solomon Victor(India’s leading cardiac surgeons responsible for many innovations.)
- Addressed scores of public meetings nationally and internationally to create public awareness on primary and secondary prevention of coronary heart disease.
- **Publications(Journals & Articles):**
  - “Anti-coagulant Therapy” published in Gujarat State Medical Bulletin, 1970
  - “Treatment of Cardiac Emergencies” published in Gujarat State Medical Bulletin, 1969
  - “Rest after Heart Attack” published in Gujarat State Medical Bulletin, 1968
  - “ Q wave of an Electrocardiogram”, published in the journal of Indian Medical Association, 1967
  - Paper on “The Conservative Management of Coronary Heart Disease” in the prestigious journal “proceedings of the Royal College of Physicians of Edinburgh, UK.” In 1997 (27:554-558).
- **Publications(Books):**
  - **Primer of Universal Healing and Hridaya Rogno Payano Uupachar** (Gujarati) and **Hridaya Rog ka Buniyadi Upchar** (Hindi) published by Navjivan Publishing House, Ahmedabad, 1992
  - **Wealth of food-Health of Heart And Aharano Upbhog topan Hridaya Nirog** (Gujarati) published by Navjivan Publishing House, Ahmedabad in 1994.
  - **Heart Disease- A new Direction and Hridaya Rogni Samasya-Ek navi Disha**(gujarati) published by Navjivan Publishing house, Ahmedabad in 1995.
  - **Spinning One’s Own Health, and Heart Arogyanirman** (Gujarati) published-by Navjivan Publishing House, Ahmedabad

- **Heart to Heart, and Hriday ni vat Hridaypurvak** (Gujarati) published by Navjivan Publishing House, Ahmedabad
- **Prevention of Heart Attack and Heart Attack Atkavo**(Gujarati), published by Navjivan Publishing House, Ahmedabad
- **Shavasana: Key to health & bliss and Shavasana thi Swasthya ane param Anand**(gujarati) and **Shavasana se Swasthya aur param anand** (hindi) published by Navjivan Publishing House, Ahmedabad.
- **Heal your Heart: Heart Disease, Prevention & total healing and Hridaya Rog Sarwangi Abhigam** (Gujarati) published by Navjivan Publishing House, Ahmedabad in 2012.
- **Health & Harmony**, published by R.R.Sheth & Co., Mumbai & Ahmedabad
- **Total Health**, published by R.R.Sheth & Co. & Co., Mumbai & Ahmedabad in 2009.
- **Swasthya Sudha**(Gujarati and Hindi) published by R.R.Sheth & Co., Mumbai & Ahmedabad
- **Niramaya Dirghayu**( Gujarati) published by R.R.Sheth & Co., Mumbai & Ahmedabad.
- **Missionary Activities:**
  - Conducting a program- UNIVERSAL HEALING PROGRAM(UHP)-on the lines of Dr. Dean Ornish of San Fransisco, USA for the patients of Coronary Heart and Disease under auspices of the Universal Healing Charitable Trust, Ahmedabad, since October 2, 1991